



3 V 3 BASKETBALL



SCHOOL SPORT PARTNERSHIPS IN SALFORD BASKETBALL BRIEF

THIS EVENT IS OPEN TO ALL SCHOOL SPORT PARTNERSHIPS IN SALFORD SCHOOLS.

COURT AND BALL

A regular 3 v 3 court is 15 metres x 11 metres or half a traditional basketball court.

A regular 3 v 3 ball should be used.

TEAMS

A squad should consist of four players. Three players on court at all times with one substitution.

Substitutions are unlimited but should be made at a dead ball situation.

Most events will be mixed, but there will be some events with single gender teams.

Most events are for pupils in Year 5 or Year 6.

OFFICIALS

Young officials are usually used. Please respect them and their decisions at all times. They are children too. Each match will have one referee, a timer and a score board as a minimum. A shot clock official will be used where practical.

SCORING AND DURATION

Baskets score 2 points, except when scored from outside the 'D' where they score 3 points.

Most matches will be 8 minutes in duration with no half time. Overtime will only be played in knock-out matches.

If a team reaches 12 points in regular time they win the match.

In overtime, the first team to score wins the match.

PLAYING THE GAME

Play starts after a coin toss. The winners of the coin toss decide which team has the first possession. If the match goes to overtime, the team that did not have the first possession in normal time will have the first possession.

At the start of play the receiving team must have one player outside the 'D' who will receive 'the check' or pass from the defending team.

The attacking team have 24 seconds on the shot clock to shoot. (If a shot-clock is not available then there will be a five second warning.)

When a shot is missed, if the attacking team retains possession from a rebound it is play-on. If the defending team gains possession, they must pass the ball out of the 'D' before they can score. If the ball is 'dead', i.e. goes out of play, then the team that didn't touch it last gains possession.

This should be done via 'a check' as in the start of the match.

After each successful basket the non-scoring team has possession, and this starts immediately. The ball must be passed out of the 'D' from the rebound before a team is eligible to score. There is no 'check' after a score.

After a successful 'steal' the ball must be dribbled or passed out of the 'D' before a team is eligible to score.

FOULS

Fouls committed in the act of shooting by the defence will result in one free-throw but this throw is worth 2 points if the foul was committed inside the 'D' and 3 points if it was committed outside the 'D'. If the free-throw is missed it is 'play-on'. Play then continues and the ball must be dribbled or passed out of the 'D' before the defensive team is eligible to score. The attacking team can attempt to score from the rebound.

Attacking fouls will result in a turn-over of possession via 'a check'.

If any player persistently fouls they will be 'fouled out' and replaced at the discretion of the officials. Teachers should be pro-active in removing players themselves in this situation.

If a team reaches six team fouls in one match every foul from that point will result in a 'free-throw'.

All other fouls result in play re-starting with 'a check' or pass from the defending team.

OTHER RULES

Unless otherwise stated all other rules are those in the traditional form of Basketball

A CHECK

'A check' is a way of quickly establishing possession. In simple terms, the defending team pass the ball to the attacking team outside the 'D'.

FAIR PLAY

The ideals of good sportsmanship and respect should permeate throughout all competitive and recreational sport. They are displayed by someone who abides by the rules of a contest, respects their opponents and accepts victory or defeat graciously.

HEALTH & SAFETY

Before all matches this must be read and adhered to: Players can't play if they are barefoot or in unsuitable footwear.

Long hair must be tied up.

No jewellery to be worn.

All loose clothing must be tucked in and shoelaces tied.

No chewing gum or sweets.

Players should bring plenty of drinks.

All players are advised to warm up appropriately before each match.

Medical supplies that players may need should be brought with them on the day i.e. asthma inhalers.

All team teachers must ensure their pupils are under adult supervision at all times, even when playing.

Please ensure students have been briefed on health and safety.

COVID PROTOCOLS

Schools must follow their own Covid protocols when participating.

The SSP will always follow up to date government advice and professional bodies advice such as that issued by afPE.

Please also adhere to 'common sense' protocols such as regular handwashing, not sharing equipment where possible and social distancing.

Although we encourage spectators at SSP events we reserve the right to make all events 'no spectators' as it is impossible for us to accurately track and trace all adults in attendance.

Note: These rules have been adapted from the official FIBA 3 v 3 rules by Conall Mullan (Northern Ireland) and Dean Gilmore